

Anchorage Music & Dance Center ***Updated Covid 19 Guidelines Updated 10-20-21***

Below are our updated guidelines. By enrolling at Anchorage Music & Dance Center (“AMDC”), you agree to abide by these guidelines while in our studio. There is also information about our cleaning & disinfecting protocols.

Masks

- ALL people are required to wear a face mask while in the building.

Vaccinated People DO NOT enter the premises:

- **If you are exhibiting the current CDC recognized symptoms consistent with COVID-19 or ANY symptoms of a flu or cold**
- Are within 72 hours of exhibiting significant COVID-19 symptoms or a fever
- If you are recovering from a case of COVID-19 and are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever

Unvaccinated People DO NOT enter the premises:

- **If you are exhibiting the current CDC recognized symptoms consistent with COVID-19 or ANY symptoms of a flu or cold**
- If you are within 72 hours of exhibiting significant COVID-19 symptoms or a fever
- If you are recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever, AND have not received a negative Covid-19 test
- If you have knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days
- If you have returned from a trip out of state & have not received a negative Covid-19 test result within 3-4 days after returning AND have not been symptom free for a total of 7 after returning to Alaska.

Lobbies & Waiting Areas Remain Closed

To limit the amount of people in the building, lobbies & viewing areas will remain closed. No one other than students and AMDC staff are permitted in building at this time.

The only exception to this is that one parent/guardian per student is required to stay in the building for students ages 3-5 years old, or any student who is unable to use the restroom by themselves. Our teachers & staff are not permitted to assist any student in the restroom.

Parents Will Be Contacted to Immediately Pick Up Their Child Under the Following Circumstances:

If a student:

- Is exhibiting signs of illness (sneezing, coughing, etc.);
- Tells their teacher they don't feel well;
- Says that they are waiting for Covid-19 test results;
- Student is too young to have been vaccinated and tells teacher they just returned from a trip outside within the past 7 days.

Hand sanitizer

Sanitizing stations will remain in place at the building entrance. Everyone must use sanitizer upon entering the building.

Bathrooms

Bathrooms remain closed to the public and are for *students* only. Students are NOT permitted to change clothes in the bathrooms.

Dance Students

- Dancers must arrive dressed for class. Dressing rooms remain CLOSED, & students will not be allowed to change in the bathrooms. Students should have a dance bag large enough to fit all their personal belongings. Students will place their bag in individual baskets near the dance studio.
- Students should bring their own, **full**, water bottle with their name on it.
- One parent/guardian per student is required to stay in the building for dance students ages 3-5 years old, or any dance student who is unable to use the restroom by themselves.
- Our teachers and staff are not permitted to assist students with using the restroom, adjusting clothing, hair, etc.
- Class sizes are permanently limited to 10 students per class. Social distancing will be encouraged, but spaces will no longer be outlined in tape on the floor. Students should refrain from touching & hugging others.

Music Students

- Students must wait in a designated spot until they are told it's OK to enter the lesson room.
- Music studios, instruments & equipment will be disinfected daily.
- Students should have a bag for their music books and personal belongings.

Cleaning/Disinfecting

- All studios have Medify Air Filtration Systems w/medical-grade filters and a high-efficiency H13 TRUE HEPA filtration system that removes 99.9% of particles down to 0.1 microns.
- We use the Oxi Thyme disinfecting system in our music and dance studios daily. It is a non-toxic, CDC approved/EPA registered hydrogen peroxide disinfectant that disinfects the space, instruments, and equipment quickly, leaving a fresh scent with no toxic residue.

Closures/Exposures

If a student or staff member is diagnosed with Covid-19, AMDC will follow CDC cleaning and disinfecting protocol as soon after the confirmation of a positive test is practical. We reserve the right to utilize online options for dance classes and music lessons if the need arises. AMDC will not be held accountable or responsible for any contracted illness. Parents must inform Anchorage Music & Dance Center ("AMDC") if their student has tested positive for Covid-19 within seven days of participation in a class held at AMDC.